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Free, Family Fun on May 18th

Cleveland County Health Department to Host Summer Days, Healthy Ways Event

SHELBY, NC – The Cleveland County Health Department will be hosting a Summer Days, Healthy Ways event on Saturday, May 18th from 10:00 am – 2:00 pm on their campus located at 200 S Post Rd, Shelby.

Summer Days, Healthy Ways will be a fun, family friendly event with inflatables, minigolf, face painting, balloon art, sweet treats, free food, giveaways, raffles and more. The raffle will include a free Apple watch and a kid’s bike. 100 children’s bike helmets will also be available for free.

Many community-based organizations will be present to share information and provide education on local resources to help keep children and families healthy this summer and beyond.

“By hosting this event, we hope to accomplish several things,” said DeShay Oliver, Deputy Health Director for the Cleveland County Health Department. “First, we hope to provide an opportunity for families to get out, get active, and spend quality time together in an affordable way. Second, we hope to help community members learn more about the many local health-related resources that are available. Last, we hope to bring community members together on our campus so they can see how nice our facility is and learn more about what we offer. Our local health department offers a wide range of services for everyone.”

This event is free and open to the public. We hope to see you there.

For more information or to participate as a vendor, please call 980-484-5199.